

What on earth is wrong with me?

Getting to the root of why you aren't healthy



ANDREA THOMPSON

A disclaimer and an encouragement

This book offers health information and is designed for educational purposes only. You should not rely on this information as a substitute for, nor does it replace, professional medical advice, diagnosis or treatment. If you have any concerns or questions about your health, you should always consult with a physician or other healthcare professional.

Do not disregard, avoid or delay obtaining medical or health related advice from your health care professional because of something you may have read within this book. The use of any information provided within this book is solely at your own risk.

Developments in medical research may impact the health, fitness and nutritional advice that appears here. No assurance can be given that the advice contained in this book will always include the most recent findings or developments with respect to the particular material.

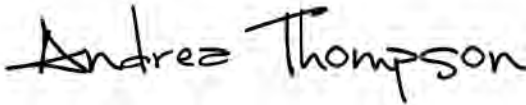
That being said, the information found within this book radically changed my life, and ultimately, my health.

In short, it saved my life.

As you read, I want you to be encouraged by my journey and consider the options of health principles and protocols I discuss.

You should consult your physician or other healthcare professional before applying these principles and protocols to determine if they are right for your needs.

Believing for better health in your life,

A handwritten signature in black ink that reads "Andrea Thompson". The signature is written in a cursive, flowing style with a mix of uppercase and lowercase letters.



**If you have been
sick or feeling
awful and can't
specifically figure
out what's wrong
with you...**

**I want to offer hope
today!**

“What should I do now?”

I get asked these words, or something very similar to them, every single week.

It's possible that not knowing what is physically or emotionally wrong with us, can very well be one of the most frustrating things in our entire lives.

And it's understandable. I've known people who ended up getting an official diagnosis/prognosis about previously uncertain health conditions that were relieved, even if the predicted outcome was something awful. (Like being told they weren't going to live)

“At least I know what's wrong with me.”

Again, I understand. Being left in the dark about our health is very frustrating.

But I also want to say that I don't believe we have to stay in the dark. I've discovered that there is a way to turn the light on, and move towards a healthier state of living.

Before you read further, I'm not talking about a one-step miracle fix. What I'm talking about goes deeper than that.

And not everyone reading this today is in the exact same place in life.

So as we go further, I want to for the sake of clarity, break you into one of two groups. *(If you feel like you're a part of a third group, that's fine, but for the sake of our process together, identify with one or the other to help get you moving in a beautiful direction.)*

Group One:

You've done due diligence. You've been to see a qualified medical professional (or maybe multiple professionals), and after testing, evaluation and observation, in short, you still don't feel like you're getting to the root.

And quite possibly, you feel this way because of how your body actually feels! You know there's something "not right", but there's just not a clear understanding yet of what it is.

Group Two:

Your symptoms aren't going away, but you've not taken a serious step to try and figure out what's wrong.

I understand, sometimes for various reasons, we get hesitant to move forward. Maybe you're not currently in a financial position to get help. Maybe relational or time obligations have made it difficult to figure out what you should do. Maybe you're just afraid of the journey.

If fear is the driving factor, it's time to face it. Your health (and possibly your life) are at stake.

Don't make your treatment decisions out of fear, but rather get educated, know the truth...and then make your decision.

Like I said earlier, these are two groups, and candidly, two of the most common groups that I would categorize people in, as I've been helping people take steps to better health.

With either group, I want to offer a possible path that I continue to find offers hope...and help.

It has for me on a repeated basis, and for so many others that I have the privilege of walking with on a journey to better health and better living.

I'm talking about having your blood tested.

But not just “any old test”.

One that looks deep into what is happening on a cellular level in your body.

If you're thinking “Andrea, I've done that before,” I can understand your curiosity, or even your initial skepticism.

But again, I don't think you've had a blood test like what I'm talking about.

In the next few pages, I give you some in-depth detail of what has possibly become the greatest tool in understanding what is going wrong in my body, and more importantly, what can be done to fix it.

It's not rocket science as they say. But candidly, it is science and an incredibly detailed version at that.

For me and so many others, it outlined issues in our health, and helped put us on a course to see those issues turn around.

My hope, is that as you continue reading, it will give you hope about your own health journey.

You can take a practical step to help discover what is causing illness and disease in your body, and then from that, determine HOW to make changes that can heal the issue(s).

But it will require lifestyle change on your part.



Cellular health analysis is a life-altering process.

It allows you to stop guessing what's wrong, and begin to pinpoint the root cause of your health issues.

1 What is cellular analysis?

For me, it was literally a life-saver.

When I was diagnosed with cervical cancer in 2012 and told that I had less than a year to live, I felt strongly that I needed to take a less-than-conventional approach if I wanted to live.

I specifically opted away from chemo and radiation, because I didn't feel I could build the body up, and tear it down at the same time.

Well, it paid off for me, and now years later, I am healthy and cancer-free.

The absolute game-changer in the process of beating my cancer, and continuing to see it defeated in my body, was having my blood analyzed in a special way, so the root cause of my cancer could be found, and so a customized biomedical protocol plan could be formed to allow me to beat the deadly disease.

It's also vital for me to give human credit where credit is due. And that goes to my physician, Dr. Raymond Hilu,

who lives and runs his clinics from the beautiful city of Marbella, Spain.

In my opinion, there's no one quite like Dr. Hilu.

After spending years as a surgeon, he began to treat patients with extreme conditions like cancer, lyme's, and so many other diseases.

And the outcome again and again produced extraordinary results or healing and wellness.

How did he do it? He went to the root.

Dr. Hilu developed a microscope that magnified the blood 65,000 times more than a regular laboratory microscope.

And in doing so, began to see things that outlined what was truly wrong in his patients health journeys, and from that information, was able to generate protocols and treatments that brought healing and wholeness.

In case you think that cellular analysis and treatment is only for extreme cases, it's not.

It can provide solutions to health issues of all shapes and sizes.

2

What does it do?

Simply put, it provides in-depth analysis of the state of human blood cells to optimize good health and prevent illnesses.

But it's a whole lot more detailed than that!

Through this test you can discover weaknesses and strengths affecting each organ and system in the body. This precise and thorough technique helps give understanding to the state of an individual's health, flagging up such things as: food-related insufficiencies and excesses, anemia, vitamin levels, toxic residues, pathological predispositions such as oxidation processes, metabolic imbalances, stress etc.

Because of the in-depth analysis, Dr. Hilu is able to help you gain a better understanding of what lifestyle changes need to be made in order to successfully be treated.

What are the main benefits of this analysis?

- Early detection of illnesses years ahead.
- Detection of congenital, degenerative and chronic illnesses.

- Scientifically based methods to uncover the cause of illness.
- Food intolerance, dietary insufficiencies and imbalances.
- Personalized treatment following biological examinations of the individual.
- Improves athlete's overall performance.

How does it differ from a regular lab analysis?

The test is different from other conventional blood analysis because Dr. Hilu uses a fresh blood sample from the patient. With this sample, a qualified analyst searches for bacterial activity, cell condition and anomalies that are not usually examined in traditional analysis.

The sample of blood that is analyzed shows what areas of the body are congested, in a toxic condition or in a state of limited functionality

Frequently, regular blood tests offer completely normal numeric parameters, after which many patients continue to complain of discomfort or health problems of varied degrees of severity.

As one specific example, the number of red blood cells can appear to be normal, yet when analyzed in a qualitative way (cell analysis) you can see that they are squeezed tightly together, just like piles of coins, indicating bad oxygenation.

This together with the patient's health history helps to understand better what is going on and why this inadequate oxygenation is occurring. This analysis can also show red blood cell distortions, which reflect the nutritional state, especially low iron levels, protein, vitamin B, folic acid and fatty acids. In the process, you can observe how stressed the liver is, the existence of unwanted types of bacteria and fungi, while also detecting signs of parasites and hormonal imbalances.

In other instances you are alerted by an abundance of toxic substances that prevent nutrients from reaching cells, generating health problems, even when the quantitative analysis results (the traditional lab one) come up as normal.

Qualitative analysis (cell analysis) helps us observe the biological makeup of the individual, with different makeups commonly giving rise to specific illnesses. By seeing what happens in the organism, you can correct it while applying a natural methodology. By identifying the origin of the disease, it also helps predict which cellular failures could be responsible for any future pathology.

Can this cell analysis help us prevent illnesses?

The answer is simple, yes!

The analysis allows you to determine how your health can evolve in advance. Cell examination can detect many imbalances and dietary insufficiencies before regular blood tests show any anomalies.

Through cellular morphology microscopy you can prevent environmental sensitivity, chronic fatigue syndrome, risks in the immune system, and practically every type of illness, such as:

- Cardiovascular ailments (more than 30 years in advance)
- Respiratory and hepatic disorders (10 years in advance)
- Kidney problems (8 years in advance)
- Oncological and psychiatric pathologies (5 years in advance)
- Circulatory issues (one year in advance)
- Autoimmune and lymphatic diseases (6 months in advance)

How does a personalized treatment differ from a generic one?

By discovering the dysfunction occurring within the organism, it allows you to be treated in a customized and tailored way, providing a personalized treatment following a morphological analysis of the blood.

3

What does it NOT do?

It's absolutely vital to know, that while cellular analysis is a powerful step (I think the most important step) in the right direction to discover how to see your health improve, it doesn't:

- Automatically heal you. (*you have a part to play in the journey*)
- Provide every single protocol and treatment you'll need for the rest of of your life. (*Good health is a naturally evolving process*)

While these simple statements may seem obvious, my experience as a health advocate and coach have shown me that people take a step or two, and then give up.

With my own experience as an example, there are protocols that I was put on that purposely lasted a month or three months or even as short as a week. But it was up to me to follow it and walk it out.

Using the cellular analysis in my blood, these protocols were tailor-made for me to help my body heal.

Dr. Hilu and his team focus on discovering the origin of every illness. In order to do this, they analyze at a cellular level, what is going on in the body.

It's a perfect tool to analyze illnesses and to see, with only a drop of blood, up to 840 parameters of what is going on within the organism.

The aim is to eliminate diseases at their inception, including those diagnosed as chronic, effectively seeking to prevent their onset often with years of anticipation.

The list of illnesses/diseases that Dr. Hilu and his team have successfully treated covers the gamut.

I continue to be astounded at how powerful cellular analysis is to discovering the root (for me, it's successfully dealt with far more than cancer), and thereby leading to a potential path of health and wholeness.

I can testify from my own continual success:

1) Discover what is going on in your blood.

2) Determine the protocol/treatments needed to fix it.

3) Follow-up is key.

Discover what your blood has to say



Discovering your blood cell condition is the building block for long-term great health!

Through a unique partnership with potentially the foremost cellular health authority in the world, Dr. Raymond Hilu, you can take a simple blood test, send it to Dr. Hilu (in Marbella, Spain), and find out things about your blood and health that will astound you.

Here's an overview of what you'll receive:

- test
- lancet
- gauze pad
- full Instructions on taking test
- release form emailed to you
- instructions for mailing back to Spain

The information that you receive back from Dr. Hilu's clinic will give you protocols, treatments and next steps, and in some cases, they will strongly encourage you to consider coming to their clinic.

Go to andreathompson.org/store to order and receive priority shipping for the kit to be mailed out to you.

Ready for some help on your health journey?



Personal health coaching sessions available now!

We love individualized health and life coaching, and due to the unique nature of each person's challenges, it can be the best way to jumpstart and clarify the best path for you, with someone who can go on the journey with you!

Book an in-depth consultation with one of our Personal Health Instructors today!

With the increasing performance demands in the workplace, environmental toxins, on-the-go meals, overuse of antibiotics and prescription medication, sedentary lifestyle and social media pressures, it's common to find yourself depleted of vital nutrients, exercise, healthy emotions and sleep that is needed to maintain a healthy body.

This not only affects the physical but also the mental, emotional and spiritual aspects of men, women and children often resulting in sickness and disease.



Our Personal Health Instructors are specifically trained to listen to your needs, and help you find solutions that address your specific health and life concerns.

Need more insight into your blood test results?

In addition to regular coaching, your instructor can also help interpret your blood cell analysis results and provide a strategic implementation plan of Dr. Raymond Hilu's protocol.

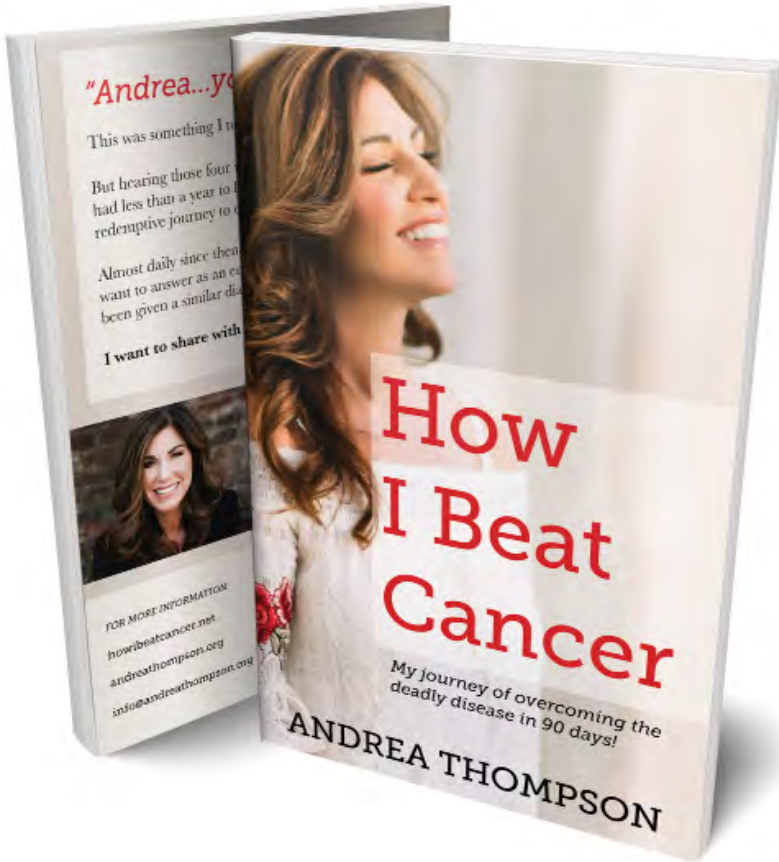
If you have not yet completed your blood analysis, our team will provide support to:

- help you establish an efficient plan to pursue answers to your health concerns
- make referrals to our clinical team and help you discover options for your health
- offer helpful tools pertaining to diet, exercise and emotional health to equip you with the necessary resources to move forward.

Skype or phone sessions available.

Go to andreathompson.org/store to get started now!

Andrea's detailed journey of beating cancer



Available at:

- [amazon.com](https://www.amazon.com)
- [andreathompson.org](https://www.andreathompson.org)