

Scriptures For Overcoming



I LOVE GOD'S WORD!

Every battle I've won, mountain I've climbed and obstacle I've overcome has happened for one reason...

The Word of God.

Sometimes the concept of "scripture" or "bible" can be intimidating, but I want to simplify it for you.

In these cards, I've gathered some of my favorite individual scriptures for you, and organized them into easy-to-apply topics. Whether you're battling anxiety, fear, bitterness or any other emotional issue, there are scriptures to give you peace and purpose.

Take these cards, and confess the scripture out loud, AND CHOOSE to believe that the truth of scripture is more powerful than whatever negative reality or emotion you may be experiencing.

This is when mountains move, and situations change for the better!

Believing for His truth to set you free!

Andrea Thompson

Scriptures For Overcoming FEAR

“So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.”

– Isaiah 41:10

“When I am afraid, I put my trust in you.”

– Psalm 56:3

“There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love.”

– 1 John 4:18

“Have I not commanded you? Be strong and courageous. Do not be terrified; do not be discouraged, for the Lord your God will be with you wherever you go.”

– Joshua 1:9

“The Lord is my light and my salvation—whom shall I fear? The Lord is the stronghold of my life—of whom shall I be afraid?”

– Psalm 27:1

Scriptures For Overcoming ANXIETY

“Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.”

– **Philippians 4:6-7**

“Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.”

– **Matthew 6:34**

“Cast your cares on the Lord and he will sustain you; he will never let the righteous fall.”

– **Psalm 55:22**

“When anxiety was great within me, your consolation brought joy to my soul.”

– **Psalm 94:19**

“Peace is what I leave with you; it is my own peace that I give you. I do not give it as the world does. Do not be worried and upset; do not be afraid.”

– **John 14:27**

Scriptures For Overcoming DISCOURAGEMENT

“Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.”

Psalm 23:4

“Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; he will never leave you nor forsake you.”

Deuteronomy 31:6

“God is our refuge and strength, an ever-present help in trouble.”

Psalm 46:1

“Tell everyone who is discouraged, Be strong and don't be afraid! God is coming to your rescue...”

Isaiah 35:4

“The Lord your God is in your midst, A victorious warrior. He will exult over you with joy, He will be quiet in His love, He will rejoice over you with shouts of joy.”

Zephaniah 3:17

Scriptures For Overcoming UNFORGIVENESS

“And I pray that you, being rooted and established in love, may have power, together with all the Lord’s holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God.”

Ephesians 3:17-19

“Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you.”

Colossians 3:13

“I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.”

John 16:33

“In your anger do not sin”: Do not let the sun go down while you are still angry”

Ephesians 4:26

“Hatred stirs up strife, but love covers all transgressions.”

Proverbs 10:12



Scriptures For Overcoming SHAME

“So now there is no condemnation for those who belong to Christ Jesus.”

Romans 8:1

“Love has been perfected among us in this: that we may have boldness in the day of judgment; because as He is, so are we in this world.”

1 John 4:17

“And Jesus said...“Neither do I condemn you; go and sin no more.”

John 8:11

“Surely He has borne our griefs (sicknesses, weaknesses, and distresses) and carried our sorrows and pains [of punishment]...”

Isaiah 53:4

“Let us have confidence, then, and approach God’s throne, where there is grace. There we will receive mercy and find grace to help us just when we need it.”

Hebrews 4:16

